In the third position of flowing freely, I am experiencing an abundance of freedom flowing from the central area where being led by heaven is interacting with yielding heaven on earth.

I am reflecting on the constant way of heaven and earth to illuminate the inconstant way of flowing freely or clogging by no unity (with God).

In the center of flowing freely, I am abundantly flowing when I am contracting myself into an internal position of being led by heaven; then, I am using the virtues and inclinations that I have gained to expand into yielding heaven on earth.

I am centering myself in the constant way of contracting to align with heaven's leading impulse before I am expanding to yield a produce that is derived from the proper virtues and inclinations.

I am recognizing that I am unable to expand myself to yield heaven on earth if I am not first contracting myself to be led by heaven.

Metaphorically, I am contracting to go on a journey and I am expanding to arrive at my destination. I am unable to arrive without first going on the journey, and I am unable to go on a journey without subsequently arriving at my destination.

I am also recognizing that the way of yielding produces new growth and new inclinations. These new inclinations can lead away from being led by heaven and into the way of an obstacle. These obstacles result in the loss of the way of flowing freely, and these obstacles are constantly clogging my freedom to produce a heavenly yield by separating me from the way of being led by heaven's leading impulse.

I am constantly preserving the way of flowing freely by constantly interacting in the space of being led by heaven and yielding heaven on earth.